



Patagonian International Marathon

11 Day / 10 Night Chile Tour Itinerary

Day 1 – Sun 30 Aug: Arrive in Santiago

Arrive at Santiago Airport

Please make your own way to the hotel.

Briefing at the hotel with your English-speaking guide.

Overnight in Santiago – 4* Boutique Le Reve Hotel (or similar).

Included Meals: No meals included this day.



Day 2 – Mon 31 Aug: Santiago de Chile City Tour



After breakfast we will be picked up from our hotel to go on a Travelling Fit exclusive half day city tour of Santiago with a local English-speaking guide. Included will be a ride on the Funicular de Santiago, a mountain-side train that carries you to the top of the Parque Metropolitano, better known as Cerro San Cristóbal.

At 722 hectares, the park is Santiago's largest green space rising 860m above the city. After enjoying the park, we will ride on the Cable Car down the other side of the mountain.

We will then have lunch at the Mercado Central before being dropped off at our hotel. Dinner will be at restaurant Aqui esta Chile (at own expense), renowned for its Chilean gourmet cuisine.

Overnight in Santiago – 4* Boutique Le Reve Hotel (or similar).

Included Meals: Breakfast and Lunch.





Day 3 – Tue 01 Sep: Emiliana Vineyard and Valparaiso Tour



After breakfast at the hotel we will embark on a tour of the world-famous Emiliana Vineyard, a privately-owned initiative dedicated to producing wines made from organic grapes and no chemicals are used in the wine production. Chickens, ducks and geese are used for pest-control and various different herbs and aromatic plants are planted between the vines to add flavour to the grapes.

We will then travel to the coastal and vibrant town of Valparaiso for lunch on a terrace overlooking the harbour. Valparaiso first became well-known as a major port for Chile and more recently has become a hub for artists and artisans – keep an eye-out for the amazing wall-graffiti!



Overnight in Santiago – 4* Boutique Le Reve Hotel (or similar).

Included Meals: Breakfast and Lunch.

Day 4 – Wed 02 Sep: Day at leisure | Optional Adventure Foodie Tour

Today is a free day to explore Santiago.



We will be offering the opportunity for you to go on a “Chilean Adventure Foodie Tour”. The emerging world of delicious Chilean gastronomy is waiting for you on this full day of visiting Santiago’s iconic food and seafood markets before you try your hand at preparing your own Chilean feast with the help of one of Chile’s most respected chefs.

Contact Travelling Fit for pricing and further details. This tour must be booked prior to departure.

Overnight in Santiago – 4* Boutique Le Reve Hotel (or similar).

Included Meals: Breakfast. Lunch included on the optional tour.



Day 5 – Thu 03 Sep: Santiago to Puerto Natales – Arrive at EcoCamp

After breakfast we will transfer to Santiago airport for the morning flight to Punta Arenas (additional cost). From Punta Arenas we will be taken on a private transfer to EcoCamp, your home for the next 5 nights, with a stop at Puerto Natales (the gateway to Torres del Paine National Park) along the way for lunch.

EcoCamp Patagonia was the world's first dome hotel and is modelled on the ancient shelters of the region's Kaweskar people. The Hotel is 100% sustainable meaning it has little to no impact on the fragile land.

Welcome Dinner in the evening.

Overnight in Patagonia – 3* EcoCamp.

Included Meals: Breakfast, Lunch and Dinner.



Day 6 – Fri 04 Sep: Excursions – choose from Laguna Azul or Condor Lookout

Today is your first opportunity to explore the natural wonder that is the Torres del Paine National Park with one of 2 optional Excursions (inclusive):

Option 1: Nature Walk to Laguna Azul

On our way to Laguna Azul we will have the chance to enjoy some marvellous views of the famous Torres, as well as passing through the Pampa Guanaco, where we will be lucky enough to spot many elegant Guanacos (closely related to the llama). After soaking up these beautiful surroundings, we continue our drive to Laguna Azul where we will enjoy a picnic lunch whilst looking out over the lake with a view of the three granite towers in the distance. After lunch, we will walk south to Macho Cañon, where we can observe the typical fauna of the Torres del Paine National Park, including more guanaco herds.



Option 2: Nature Walk to Salto Grande & El Condor Lookout



We will head westwards by van, taking a route along the southern shore of Nordenskjold Lake. Our first stop is the magnificent Salto Grande waterfall with its impressive cascading waters falling from Nordenskjold lake into Pehoe Lake. From here it's

a short walk to Cuernos viewpoint, with a panoramic view of the mighty Horns. We then drive to Pehoe Lake and begin the two-hour round-trip walk to El Condor Lookout from its shores. See the piercing blueness of Pehoe Lake and the Paine river. We reenergize taking in the whole Paine Mountain range and its stunning snow-capped peaks.

Overnight in Patagonia – 3* EcoCamp.

Included Meals: Breakfast, Lunch (box) and Dinner.



Day 7 – Sat 05 Sep: RACE DAY & CELEBRATION DINNER

Today is the Day!

After an early breakfast we will head out to the start of the Patagonian International Marathon (or Half Marathon or 10km events). Warm clothes are recommended as it can be quite chilly at the start, but this will be forgotten once you start the race. The scenery is beyond spectacular, the roads are closed to traffic and the nature of the race itself will inspire you all the way to the finishing line.



After completing your race, a lunchbox will be available for you before transferring back to EcoCamp in the evening where we will be celebrating everyone's achievements with a drink at the "Bar Dome" followed by dinner.

Overnight in Patagonia – 3* EcoCamp.

Included Meals: Breakfast, Lunch (box) and Dinner.

Day 8 – Sun 06 Sep: Optional Excursions – Puma Tracking | Grey Navigation

After breakfast be sure to go on an optional tour or choose from one of the below
Note: both of these options are at an additional cost.

Option 1: Tracking the King of Torres del Paine, the Puma



Embark on a purr-fectly epic adventure with the wildlife tracking professionals to track and observe Torres del Paine's top predator, the Patagonian puma, in its natural habitat. Paired with

cozy nights at the EcoCamp domes and getting up close and personal with spectacular flora and fauna. This trip is a must for wildlife and nature enthusiasts alike! Note this excursion is limited to only 6 people so you need to be quick.

Option 2: Grey Glacier Boat Tour

This is a 2 hour 45 minute boat trip on the Lake Grey which takes you to the Grey Glacier. It includes a pisco sour or a soft drink on board and there is a guide who will accompany you during the trip. You have to walk between 30-45 minutes across a pebble beach to get to the boat which is an experience in itself!



Overnight in Patagonia – 3* EcoCamp.

Included Meals: Breakfast, Lunch (box) and Dinner.



Day 9 – Mon 07 Sep: Excursions – choose from Cerro Paine or Base of two towers

After breakfast you can choose from two more optional excursions (inclusive):



Option 1: Trek Cerro Paine

We leave after a tasty breakfast at EcoCamp and head to Cerro Paine, a nearby mountain characterized by its two imposing peaks. This is a demanding trek of 16km with a max altitude of 1200m and an estimated hiking time of 7hrs. Highlights include the lenga forest, mountains, glaciers, the pampa and an unforgettable lookout of the towers and the Ascencio Valley. After taking in one of the most striking views of the national park, we backtrack along the same trail and return to

EcoCamp.

Trek to Base of the Towers

After a hearty breakfast we set off from Ecocamp towards Hostería Las Torres and join the uphill path to Ascencio Valley on the Tower's eastern face. Dry mountain spots, beech forests and small rivers line the scenic walk towards the valley. Our big challenge comes as we climb the steep moraine, a mass of boulders leading us towards one of the world's most famous views overlooking the Towers. The famous Torres del Paine (2,900m) consist of three gigantic granite monoliths, the remains of a great cirque sheared away by the forces of glacial ice. After an uphill slog, the Towers eventually come into full view, rising majestically before us, with the glacial lake visible below. Is there any better place in the world to have lunch? After feasting on the view and our picnic, we backtrack along the same trail through Ascencio Valley and return to EcoCamp.



Overnight in Patagonia – 3* EcoCamp

Included Meals: Breakfast, Lunch (box) and Dinner.

Day 10 – Tue 08 Sep: EcoCamp to Punta Arenas – City Tour - Farewell Dinner



After breakfast we will check-out of EcoCamp and transfer to Punta Arenas. After checking into our hotel we will embark on a walking tour of the town. Punta Arenas located near the tip of Chile's southernmost Patagonia region. Located on the Strait of Magellan, which connects the Atlantic and Pacific oceans.

We will return to the hotel in the evening for a farewell dinner and reminisce about this trip.

Overnight in Punta Arenas – 4* Cabo de Hornas Hotel.

Included Meals: Breakfast, Lunch and Dinner.



Day 11 – Wed 09 Sep: See you at the next Travelling Fit Run the World Tour

After breakfast we will say farewell to friends old and new as we transfer to the airport for our onward journey or our trip back home.

Included Meals: Breakfast.

End of Tour.

NOTE: Itinerary is subject to change at any time.

